





Workshop

Drug lifecycle control in Subsaharan Africa

From production to responsible safe disposal and elimination in wastewater treatment plants

(Med4Africa)



DRUG QUALITY CONTROL IN KENYA: DECADAL RESULTS FROM TWO LABORATORIES (2011-2020)

Kennedy Abuga

August 30, 2022 GOLD CREST HOTEL, ARUSHA







DRUG ANALYSIS AND RESEARCH UNIT (DARU) Kennedy Abuga, Stanley Ndwigah, Beatrice Amugune, Dennis Ongarora, Peter Njogu, Alex Okaru, Isaac Kibwage

MISSION FOR ESSENTIAL DRUGS AND SUPPLIES (MEDS) LABORATORY

Stephen Kigera, Mildred Wanyama, Wycliffe Nandama



Study period



DRUG ANALYSIS AND RESEARCH UNIT (DARU)

2011 – 2015: Published

2016 – 2020: Accepted for publication

MISSION FOR ESSENTIAL DRUGS AND SUPPLIES (MEDS) LABORATORY

- 2013 2017: Published
- 2018 2020: Under compilation



Drug Analysis and Research Unit (DARU)



About DARU

- Established in 1977 Dept of Pharmacy, UoN & MoH, Kenya
- □1982 First publication of data
- □ Five-yearly reports since 1991
- □ 1992 NQCL was an off-shoot of DARU
- Organogram Head, supervisors, analysts, technical staff



DARU- Equipment













DARU- Mandate



Functions

- Perform pre-registration analysis for clients
- Teaching facility undergraduate, masters, PhD
- Post market surveillance (PMS), pharmacovigilance in collaboration with researchers & drug regulatory authority
- Stability studies (accelerated) Zone IV conditions
- Research methods development & validation, PMS, drug product development
- Technical support to the Kenyatta National Hospital production unit – clinical services E.g. morphine solution
- Participate in Proficiency Testing (PT) schemes



MEDS Laboratory



About MEDS laboratory

- MEDS established in 1986 as ecumenical partnership Kenya Conference of Catholic Bishops (KCCB) & Christian Health Association of Kenya (CHAK).
- MEDS lab was established in 1997 to support MEDS quality assurance functions
- Prequalification (PQ) of MEDS suppliers, drug testing, post market surveillance & pharmacovigilance
- Attained WHO-PQ in 2009, retained status in 2018
- Organogram MD, Head quality services, lab supervisor, lab staff, analysts, lab assistants
- 2021 First publication of data for the 2013-2017 period



MEDS Lab - Equipment













MEDS Lab - Mandate



Functions

- Support the Quality Assurance pillar of the wider MEDS mandate
- Perform analysis of internal MEDS samples supplier pre-qualification
- Perform pre-registration analysis for clients
- Post market surveillance, pharmacovigilance in collaboration with strategic partners
 - ✤ GPHF-Minilab field testing
 - Confirmatory testing at MEDS laboratory



MEDS Lab - Mandate



Functions

- Supply of Primary and Working Reference Standards (WRS)
- Supply of laboratory consumables including reagents, solvents, HPLC Columns and glassware
- Research function in collaboration with University of Nairobi
- Participate in Proficiency Testing (PT) schemes



DARU results, 2011 - 2015



	Number/Pe	rcentage	Details	
Samples	Total Local Imported Unknown	- 1972 - 21.5% - 78.2% - 0.3%	Human – 87.5% Veterinary – 12. PMS – 268 PV - 29	4%
Failure rates	Overall	- 4.5%	Local - Imported -	2 . 5% 2.0%
Drug classes failed	Uterotonics Hemostatics Anthelmintics Anticancers	- 37.5% -33% 5-17% -10.5%	Oxytocin Tranexamic aci Albendazole Cyclophosphar	d nide

PMS – post market surveillance, PV - pharmacovigilance



DARU results, 2011 - 2015



Observations

- Highest number of samples since inception
- □ High level of imports 78.2%
- Lowest failure rate since publication of QC results
- Improvement of quality performance of samples
- Erectile dysfunction drugs (sildenafil, tadalafil) received for the first time. All complied with quality tests



DARU results, 2016 - 2020



	Number/Percentage		Details
Samples	Total Local Imported undeclared	- 326 - 32.5% - 65.7% - 1.8%	Human – 88.0% Veterinary – 10.1% Excipients – 1.8%
Failure rates	Overall	- 1.8%	Local - 0.6% Imported – 0.9% undeclared – 0.3%
Drug classes failed	Anti-ulcers, hypoglycemics, opioids, herbals – 1 sample each Antiseptics - 2		omeprazole, empagliflozin, morphine, iodine tincture, isopropyl alcohol, tadalafil



DARU results, 2016 - 2020



Observations

Lowest number of samples since year 2001

- Unfavourable policy changes in the Pharmacy & Poisons Board.
- All pre-registration samples to be analyzed at the National Quality Control Laboratory (NQCL) – 2018

COVID-19 pandemic – Year 2020

□ High level of imports *cf* locally produced products

- Lowest failure rate since publication of QC results
- Improvement of quality performance of samples



DARU results, Trends since 2000





Period







	Number/ Percentage		Details
Samples	Total - Local - Imported - Unknown -	6853 31.9% 67.9% 0.1%	Human – 92.8% Veterinary – 1.4% Non-drugs – 5.8% PMS - NC PV - NC
Failure rates	Overall -	5.1%	Local - 1.2% Imported — 3.8% Unknown — 2 samples

PMS – post market surveillance, PV – pharmacovigilance, NC – not counted





	Number/Percentage	Details	
Drug	Antimyasthenics - 50.0%	Neostigmine	
classes	Antiseptics - 24.7%	Povidone iodine	
failed	Anthelminthics - 22.0%	Albendazole	
	Thyroid/antithyroid - 20.0%	Carbimazole	
	Nutrient mixtures -18.5%	Fe-sulphate/folic acid	
	Uricosurics - 12.5%	Febuxostat	
	Waters -11.6%	Purified water	
	Mixed anti-infectives - 11.1%	Norfloxacin/ tinidazole	
	Hemostatics - 10.0%	Tranexamic/ etamsylate	
	Nootropics - 10.0%	Citicoline	





Observations

High sample load & throughput – 6853

- Enhanced capacity equipment, manpower
- WHO PQ status international clients
- Analysis of internal MEDS samples
- □ High level of falsified medicines

Quality assurance samples received from manufacturers

- Environment monitoring (sterility, microbial load) 365 samples
- Water quality potable water & purified water
- Cleaning validation API residues





Observations

Falsified medicines without API – 23 samples

- Spasmolytics 2
- Antibacterials 6
- Antimalarials 13
- Anti-epileptics 1
- Ovulants 1
- These were PMS samples
 - Democratic Republic of Congo (DRC)
 - Cameroun
 - Nigeria



DARU - experiences



Challenges

Analysis backlogs

- Equipment shortage
- Staffing constraints
- Procurement delays reagents, solvents, accessories
- □ Shortage of Reference Substances
 - Sourcing constraints
 - High cost
 - Clients provide WRS
- Lack of validated methods of analysis



MEDS lab - experiences



Challenges

- Analysis backlogs
 - Equipment shortage
 - Staffing constraints
 - Lack of special reagents from local suppliers
- □ Shortage of Reference Substances
 - Sourcing constraints
 - High cost
 - Clients provide WRS
- Capacity constraints due to high investment requirements e.g. Testing of medical devices



Drug disposal



Retained drugs are disposed according the PPB guidelines

DARU lab - Dispose six months after issuance of CoA

- List drugs in the prescribed form
- DARU Incineration within the University
- MEDS lab one year after expiry
 - USAID 10 years by arrangement
 - Contract licensed PQ firms
 - Certificate of destruction is issued



MEDS lab - innovations



Innovative approaches

Sourcing and supply of Reference substances

- ♦ USP, MHRA, EDQM
- Indian companies WRS
- Reduce turnaround time for analysis
- Supply of RS to laboratories Kenya and East Africa
- Affordable costs: 150-300 USD
- Revenue generation for sustainability

Sourcing and supply of glassware, HPLC columns, reagents, solvents, chemicals, purified water, LAL kits



MEDS lab - innovations



Innovative approaches

- Modern microbiology lab is under construction to enhance capacity
 - Construction completed December 2022
 - Commissioning February 2023



MEDS Microbiology Lab – under construction





Conclusions & implications



Quality of medicines has improved over time
Failure rates for anti-infectives is of concern
Need to enhance capacity – equipment, staff
Responsive procurement and approval systems
Mainstream PMS and pharmacovigilance systems
Strategies to improve local pharmaceutical manufacturing



Publications – DARU results



79

East and Central African Journal of Pharmaceutical Sciences Vol. 23 (2020) 79-86

Quality Control Report of Drugs Analyzed in the Drug Analysis and Research Unit during the Period 2011-2015

KENNEDY O. ABUGA*, STANLEY N. NDWIGAH, BEATRICE K. AMUGUNE, DENNIS B. ONGARORA, PETER M. NJOGU, ALEX O. OKARU AND ISAAC O. KIBWAGE

Drug Analysis and Research Unit, Department of Pharmaceutical Chemistry, School of Pharmacy, University of Nairobi, P.O. Box 19676-00202, Nairobi, Kenya.

During the period 2011-2015, the Drug Analysis and Research Unit (DARU) analyzed 1972 drug samples. The samples consisted of 21.5% locally manufactured and 78.2% imported products while the origin of 0.3% of products was indeterminate. Samples were

http://uonjournals.uonbi.ac.ke/ojs/index.php/ecajps/article/view/714



Quality Control Results of Pharmaceuticals Analyzed in the Mission for Essential Drugs and Supplies (MEDS) Laboratory During the Period 2013-2017

KENNEDY O. ABUGA¹*, STEPHEN T. KIGERA², MILDRED WANYAMA², WYCLIFFE M. NANDAMA² AND ISAAC O. KIBWAGE^{1,3}

¹Department of Pharmacy, Faculty of Health Sciences, University of Nairobi, P.O. Box 19676-00202, Nairobi, Kenya.

²Mission for Essential Drugs and Supplies, P.O. Box 78040 – 00507, Viwandani, Nairobi.

³Egerton University, Njoro, P.O. Box 536, Egerton 20115, Kenya

During the 2013-2017 period, the MEDS laboratory received and processed 6853 samples. Samples were sourced from Kenya and other sub-Saharan Africa countries. The samples submitted comprised Kenyan manufactured (31.9%) and internationally manufactured products (67.9%) while nine samples were of unknown origin. Analysis was carried out

http://uonjournals.uonbi.ac.ke/ojs/index.php/ecajps/article/view/969



Acknowledgements



University of Nairobi management
MEDS management – approval to publish
DARU technical staff
MEDS lab technical staff





Thank you

Asante